

## WALKING GROUP

### December 2018/January 2019 Walks

Wed Dec 5th	Rowarth	4m	Moderate	Irene Riley
<b>+ lunch at the Little Mill at about 12.30 - see comment below*</b>				
Tues Dec 11th	Eccles Pike	5m	Moderate	Sheila Stafford
Wed Dec 19th	Dovestones Reservoir	5m	Easy+	Judith Lynch
Wed Jan 2nd	Roman Lakes	5m	Moderate	Val and Roy Bradshaw
Tues Jan 8th	Longdendale	4m	Easy	Sue Ward
Wed Jan 16th	TBA			John Bloor
Tues Jan 22nd	Styal Woods	5m	Easy+	Val and Roy Bradshaw
Wed Jan 30th	Roman Bridge/Goyt Valley	4.5m	Easy+	Judy Rhodes

**\*Please let Irene know if you plan to attend the lunch (and/or walk) by 20<sup>th</sup> November – email: [irene.riley39@talktalk.net](mailto:irene.riley39@talktalk.net) or phone 0161 449 8315**

### Walk Grading

**Very Easy:** More or less flat, good surface, few stiles

**Moderate:** Typical of local terrain

**Easy:** Small sections of hill, not too rough, limited stiles

**Moderate + :** More climbing and/or more stiles

**All walks meet IN Brabyns Park for prompt departure at 9.45 am.** Car passengers are asked to contribute 10p per mile to petrol cost.

**Walking safety:** Footwear (walking boots), clothing and equipment needs to be suitable for the conditions likely to be encountered. This area is famous for changeable weather so come prepared for all eventualities. Bring your mobile phone and inform the leader of your phone number and that of an emergency contact. Provide your own first aid kit.

**Refreshments:** Bring more than adequate food and drink for the length of walk and weather conditions. Remember delays sometimes occur.

**(D)** Indicates that the walk is some distance away and will therefore take longer. All walks are subject to change.

Please stay with the group unless you have arranged with the leader to do otherwise.

Walking group co-ordinators are Jean Mitchell (0161 221 2304) and Judith Lynch (0161 449 7507).